

Session	Time	Dates	Place	# Sessions	Ice Cost	<b>DYNAMIC ICE / HHSC</b> <b>STARSKate</b> <b>Summer 2022</b>
<b>DAYTIME SESSIONS</b>						
<b>Week 1</b>						
Pkg Dance	Mon-Thu 8:00am-9:00am	July 4,5,6,7	VIVO	4	\$100.00	<b>**Important Notes**</b>  All skaters must have their coaches permission to be on a session!  Coaches are paid seperately! (for lessons given to the skater) (coaches give invoices, not HHSC) (bi-weekly/monthly)  Protocols/Policies/Procedures/Guidelines <b>MUST</b> be followed at all times! (can be found on our website)  All Forms and Payments must be completed (as per invoice, or HHSC) (or skaters will not be allowed on session)  <b>Skaters need:</b> Figure Skates (sharpened) Hard Guards (for walking) All skating & dryland attire (jackets, shirts, gloves, shorts, t-shirts, etc) Indoor Runners (no flip flops/converse/slip on shoes) OTHER: Yoga Mat, Skipping Rope, Water Bottle, Healthy Snacks  <b>Programs offered at</b> <b>VIVO arena</b> 11950 Country Village Link NE, Calgary, AB Entry & Exit - East doors (back)  <b>Contact:</b> <a href="mailto:admin@hskatingclub.com">admin@hskatingclub.com</a> <b>To Register:</b> (create an invoice) register.hskatingclub.com, registration, create account, create skater, choose program(s) ***do not opt out of receiving emails
Pkg 1	Mon-Thu 9:00am-12:45pm & Fri 9:00am-12:15pm	July 4,5,6,7,8	VIVO	5	\$258.75	
Pkg 2	Mon-Thu 12:45pm-4:30pm & Fri 9:00am-12:15pm	July 4,5,6,7,8	VIVO	5	\$258.75	
Pkg 3	Mon-Thu 12:00pm-2:15pm & Fri 12:30pm-2:00pm	July 4,5,6,7,8	VIVO	5	\$176.25	
<b>Week 2</b>						
Pkg Dance	Mon-Thu 8:00am-9:00am	July 11,12,13,14	VIVO	4	\$100.00	
Pkg 1	Mon-Thu 9:00am-12:45pm & Fri 9:00am-12:15pm	July 11,12,13,14,15	VIVO	5	\$258.75	
Pkg 2	Mon-Thu 12:45pm-4:30pm & Fri 9:00am-12:15pm	July 11,12,13,14,15	VIVO	5	\$258.75	
Pkg 3	Mon-Thu 12:00pm-2:15pm & Fri 12:30pm-2:00pm	July 11,12,13,14,15	VIVO	5	\$176.25	
<b>Week 3</b>						
Pkg Dance	Mon-Thu 8:00am-9:00am	July 18,19,20,21	VIVO	4	\$100.00	
Pkg 1	Mon-Thu 9:00am-12:45pm & Fri 9:00am-12:15pm	July 18,19,20,21,22	VIVO	5	\$258.75	
Pkg 2	Mon-Thu 12:45pm-4:30pm & Fri 9:00am-12:15pm	July 18,19,20,21,22	VIVO	5	\$258.75	
Pkg 3	Mon-Thu 12:00pm-2:15pm & Fri 12:30pm-2:00pm	July 18,19,20,21,22	VIVO	5	\$176.25	
<b>Week 4</b>						
Pkg Dance	Mon-Thu 8:00am-9:00am	July 25,26,27,28	VIVO	4	\$100.00	
Pkg 1	Mon-Thu 9:00am-12:45pm	July 25,26,27,28	VIVO	4	\$207.00	
Pkg 2	Mon-Thu 12:45pm-4:30pm	July 25,26,27,28	VIVO	4	\$207.00	
Pkg 3	Mon-Thu 12:00pm-2:15pm	July 25,26,27,28	VIVO	4	\$141.00	
<b>Week 5</b>						
Pkg Dance	Tue-Thu 8:00am-9:00am	August 2,3,4	VIVO	3	\$75.00	
Pkg 1	Tue-Thu 9:00am-12:45pm & Fri 9:00am-12:15pm	August 2,3,4,5	VIVO	4	\$207.00	
Pkg 2	Tue-Thu 12:45pm-4:30pm & Fri 9:00am-12:15pm	August 2,3,4,5	VIVO	4	\$207.00	
Pkg 3	Tue-Thu 12:00pm-2:15pm & Fri 12:30pm-2:00pm	August 2,3,4,5	VIVO	4	\$141.00	
<b>Week 6</b>						
Pkg Dance	Mon-Thu 8:00am-9:00am	August 8,9,10,11	VIVO	4	\$100.00	
Pkg 1	Mon-Thu 9:00am-12:45pm	August 8,9,10,11	VIVO	4	\$207.00	
Pkg 2	Mon-Thu 12:45pm-4:30pm	August 8,9,10,11	VIVO	4	\$207.00	
Pkg 3	Mon-Thu 12:00pm-2:15pm	August 8,9,10,11	VIVO	4	\$141.00	
*** Test Day (Tentative) - August 12, 2022 ***						
<b>Session Details (**must have coaches permission)</b> Package 1 (Star 7 - Gold & Path to Podium) Package 2 (Star 3 - 6) Package 3 (Star 1 - 2) Package 4 (Open - Star 1-Gold) Dance Package (Path to Podium Dance Teams)			<b>Discounts :</b> (on ice cost, will appear when you go to check out on your invoice) <b>5 Weeks - 10%</b> <b>6 Weeks - 15%</b>			
<b>EVENING SESSIONS</b>						
<b>Week 1</b>						
Pkg 4 (OPEN)	Mon-Thu 5:30pm-7:30pm	July 4,5,6,7	VIVO	4	\$153.00	
<b>Week 2</b>						
Pkg 4 (OPEN)	Mon-Thu 5:30pm-7:30pm	July 11,12,13,14	VIVO	4	\$153.00	
<b>Week 3</b>						
Pkg 4 (OPEN)	Mon-Thu 5:30pm-7:30pm	July 18,19,20,21	VIVO	4	\$153.00	
<b>Week 4</b>						
Pkg 4 (OPEN)	Mon-Thu 5:30pm-7:30pm	July 25,26,27,28	VIVO	4	\$153.00	
<b>Week 5</b>						
Pkg 4 (OPEN)	Tue-Thu 5:30pm-7:30pm	August 2,3,4	VIVO	3	\$114.75	
<b>Week 6</b>						
Pkg 4 (OPEN)	Mon-Thu 5:30pm-7:30pm	August 8,9,10,11	VIVO	4	\$153.00	**all programs/costs are subject to change**

